

Executive Summary

FFY 2007 CMHS Block Grant Application

Virginia is engaged in a process of transforming its mental health system to a recovery-oriented system. Supporting this process, the state has been fortunate to have the Community Mental Health Services Block Grant that has strengthened efforts to establish a comprehensive community-based mental health service system focused on the needs of consumers. Virginia is pleased to be part of the movement to achieve the promise of the President's New Freedom Commission and recognizes the importance of the CMHS Block Grant and performance partnership planning as part of Virginia's overall implementation strategy.

Virginia's public mental health, mental retardation and substance abuse services system is comprised of forty community services boards (CSBs) and sixteen state facilities. The CSBs and state facilities serve children and adults who have or who are at risk of mental illness, serious emotional disturbance, mental retardation, or substance use disorders.

This is an exciting time of transition and transformation for Virginia's services system. The Department is currently implementing restructuring initiatives to develop and to enhance community-based care for individuals who would best be served in community settings. Our system has received, in the most recently approved budget, a down payment for investing in this work. Specifically, DMHMRSAS has received funding to support a significant number of new waiver slots and money for Olmstead initiatives such as private bed purchase money, Discharge Assistance Plans (DAP), and Programs of Assertive Community Treatment (PACT).

The Commonwealth of Virginia has been engaged in a major restructuring and transformation of its mental health system since 2002. The restructuring was initiated and is actively supported by Governor Mark Warner and Secretary of Health and Human Resources Jane S. Woods. The restructuring effort includes consumers, family members and providers, the Mental Health Planning Council, seven regional Restructuring Partnership planning teams, five Special Population Workgroups and a statewide Restructuring Policy Advisory Council. Virginia's restructuring Vision is as follows:

Our vision is of a consumer-driven system of services and supports that promotes self-determination, empowerment, recovery, resilience, health, and the highest possible level of consumer participation in all aspects of community life including work, school, family, and other meaningful relationships.

The table below shows the performance measures for the FFY 2007 Community Mental Health Services Performance Partnership Plan, their relevant criterion under P.L. 102-321, whether they are required by CMHS, and the uniform reporting system table where the data will be reported:

Performance Measure	Required by CMHS	Uniform Reporting System Table
Plan for Adult Services		
Criterion I: Comprehensive Community-Based Mental Health Service Systems		
State facility readmission rate (30 & 180 days) <i>NOM Measure</i>	yes	Developmental Table 20A
Number of evidence-based practices provided by the state mental health authority (SMHA) <i>NOM Measure</i>	yes	Developmental Tables 16 and 17
Number of persons receiving evidence-based practices provided by the SMHA <i>NOM Measure</i>	yes	Developmental Tables 16 and 17
Clients Reporting Positively About Outcomes <i>NOM Measure</i>	yes	Basic Table 11
Criterion 2: Mental Health System Data Epidemiology		
Increased access to services (number of persons served by the SMHA) <i>NOM Measure</i>	yes	Basic Tables 2A and 2B
Treated prevalence of serious mental illness	Encouraged by CMHS/ Selected by state	Developmental Table 14A
Criterion 3: N/A Only Applicable to Children's Services	N/A	N/A
Criterion 4: Targeted Services to Rural and Homeless Populations		
Level of shelter, housing and mental health services to homeless adults with serious mental illness	Selected by state	Developmental Table– To Be Developed
Criterion 5: Management Systems		
Percentage of SMHA-controlled expenditures used to support community programs	Selected by state	
Plan for Children's Services		
Criterion 1: Comprehensive Community-Based Mental Health Systems		
State facility readmission rate for children (30 & 180 days) <i>NOM Measure</i>	yes	Developmental Table 20A
Use of Evidence Based Practices (number of children receiving therapeutic foster care). <i>NOM Measure</i>	yes	Developmental Tables 16

State facility bed day utilization rate for children	Selected by state	
Criterion 2: Mental Health System Data Epidemiology		
Increased Access to Services (number of children served by the SMHA) <i>NOM Measure</i>	yes	Basic Tables 2A and 2B
Treated prevalence of serious emotional disturbance	Encouraged by CMHS/ Selected by state	Developmental Table 14A
Criterion 3: Children's Services		
Client Perception of Care (Positive perceptions of outcomes) <i>NOM Measure</i>	yes	Basic Table 11
Cultural competency self-assessment	Selected by state	
Criterion 4: Targeted Services to Rural and Homeless Populations		
Number of children with serious emotional disturbance served by rural CSBs	Selected by state	
Criterion 5: Management Systems		
Percentage of SMHA-controlled expenditures used to support community programs for children	Selected by state	

The application describes goals, targets and action plans for each performance measure.

This application has been reviewed by the Virginia Mental Health Planning Council (MHPC), the 40 community services boards and many other interested stakeholders. The MHPC reviewed the first draft of the application in July, 2006. Copies of the draft were distributed to the MHPC, all community services boards and other stakeholders. A public hearing was held on August 22 to solicit additional public comment. The MHPC membership requirements, membership list and composition, bylaws, charge/mission and comments are included with this application.